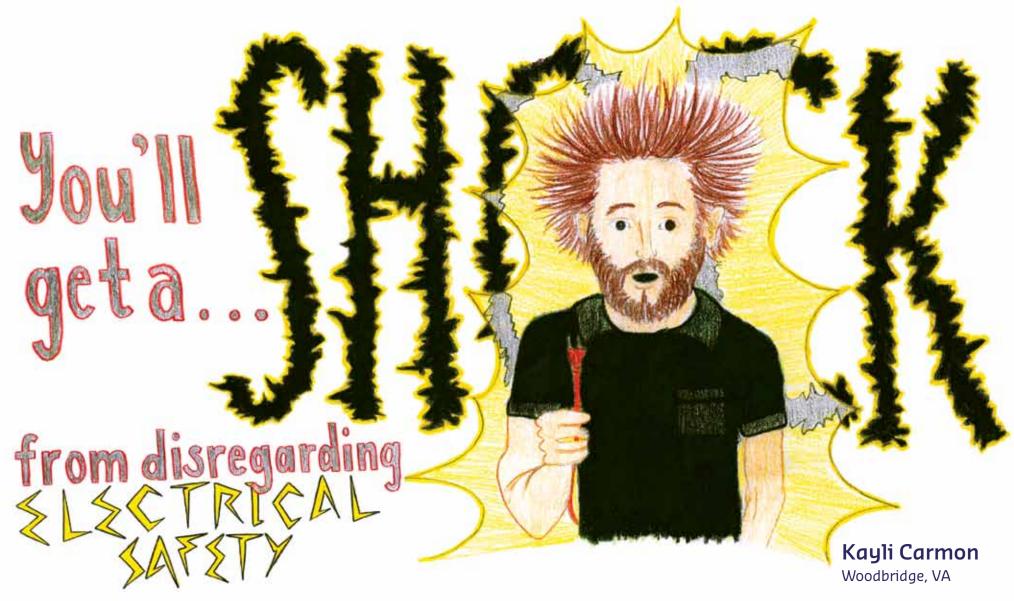
# Sodexo Safety Calendar

sodexo
QUALITY OF LIFE SERVICES

Fiscal Year 2016







# A Message from Mårten Stenfors

To Our Valued Sodexo Family:

I am excited to present to you, the Fiscal Year 2016 Sodexo Safety Calendar!

The calendar's design is to bring safety to front of mind every day. I look forward to yet another year of great safety performance improvement; keeping our Sodexo family safe, as well as our customers and guests by providing world class service to your unit.

The combined efforts of the Environment, Health & Safety, the Product Quality Assurance, and the Food Safety Teams are providing you with simple daily, weekly and monthly safety support. Consistently enhancing the safety culture requires all of us to serve as safety role models to our employees, guests, clients and team members. The Sodexo Safety Calendar is your roadmap to success!

Our team shares one vision: To enhance the safety of staff and patrons within all units in Sodexo North America. One shared mission: With relentless energy, ambition, and focus, we will improve the Quality of Life for Sodexo and the communities we serve by:

- Pioneering innovative and industry-leading environment, health & safety, product quality assurance, and food safety solutions
- Developing world class industry standards that ensure safe, high quality products and services
- Leveraging the right people, knowledge, and resources to ensure safety ownership at all levels of Sodexo employees
- Growing a Safety Culture within our Services to produce a consistently safe environment for our clients, customers and employees

Please incorporate our vision and mission into your units day-to-day efforts as we all share in the responsibility of working towards zero injuries.

Thank you for your support in providing safe and wholesome products and services to our employees, guests, clients and team members throughout North America. We are here to enable your success!

Sincerely,

Mårten Stenfors Head of Safety NorAm Sodexo is committed to make safety a top priority in everything we do—ensuring our employees, our clients and the public's safety receive proper attention and is addressed as an underlying expectation.

This Safety Calendar was developed to deliver simple, integrated tools and reminders that can support you in delivering all safety disciplines that encourage and boost a strong culture across our enterprise. Employee and customer safety as well as quality assurance and food safety highlight the calendar. The calendar showcases the following:

- **New Safety Information Telephone Line** Use this number to obtain contact information for your Regional Safety Manager. 844 Sodexo S (844 763 3967)
- The Safety Shield located on the monthly calendar will become a LIVE LINK into the Safety Homepage when reviewing on Sodexo\_Net
- A winning entry from our annual safety poster contest with an important safety message from our Sodexo children. Thank you to all the young artists that participated
- A weekly safety message with special tear-off design for Sodexo operations helps bridge the time between in-depth training meetings and help employees retain what they've learned. The weekly safety message does not required employee sign-off documentation. A good time to have safety message is at the beginning of a shift or present during Huddles
- A 10-minute safety talk that addresses safety issues and safe work behaviors
- A simple **Safety Behavior Check** this tool can be used as a behavior-based observation and feedback process (commonly referred to as behavior-based safety). It will provide visibility and control over upstream indicators of safety performance—safe and at-risk behaviors. This checklist provides managers, safety committees, and co-workers with a simple and effective observation technique. Reinforcing safe work behaviors and discouraging at-risk behaviors is pivotal for building a safety culture. Observations can be collected and safety committees can work as a team to eliminate barriers to safe work practices
- **a** A Quick Safety Tip
- The days of the month display color coded icons that emphasize safety activities and reminders:
  - Red for Quality Assurance & Food Safety
  - Blue for Health & Safety
- **EXAMPLE 2** Comprehensive list of approved vendors for Environment, Health & Safety and Food Safety Products

We wish you and your team a safe and productive 2016. Lastly, thank you to the Sodexo children who show that off-the-job safety plays a big part in our daily activities, both at work and at home.

Think Safety First!

Best Regards,

Frank Romeo Senior Director Environment, Health & Safety John Zimmermann Senior Director Quality Assurance & Food Safety

# Don't Just Turn It Off - Lock, Tag, Try:

Any powered equipment is potentially dangerous. Many needless accidents occur when someone turns on a machine that other employees are repairing. Accidents occurring under these circumstances are not only needless but serious. They result not in small cuts or scratches, but most often cause amputations, serious fractures, or even death. Any energy source: electrical, mechanical, pneumatic, hydraulic, or gas can be deadly if not properly controlled.

There is one sure way to prevent such accidents from happening to you and that is to make certain that power cannot possibly reach machinery while you are adjusting or repairing it. How is this accomplished: "locking out" and "tagging out" power at its source and then "trying" to start it up.

**LOCKING OUT** means placing a lock on a device that prevents the release of energy, such as an electric circuit breaker, a disconnect switch. a line valve. a block and/or others devices.

**TAGGING OUT** means attaching a tag on a switch or other shutoff device that warns others not to start up the equipment. Tag out may only be used together with lockout, unless locking out the equipment is impossible.

# Below is the general Lock, Tag, Try procedure that can be adopted to your job:

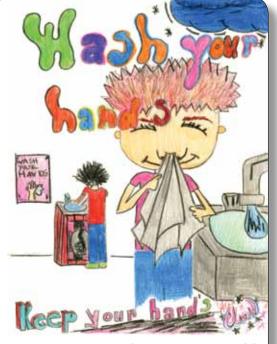
- Turn off the equipment at the control panel
- Turn off or pull the main disconnect
- Attach your safety lock at the main switch
- Try to restart the equipment at the control panel
- Check the machine for possible residual pressures, particularly for hudraulic sustems
- Complete your servicing work
- Remove your safety lock and adapter
- Let others know that the equipment is back in service

As you can see, it is up to you, the employees, to perform a proper lockout. Your life depends on it! "Lock, Tag, Try"

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
Equipment Lock, Tag, Try when Serviced				
Using handrail on stairs				
Cut resistant gloves worn				
Chemical containers labeled				
PPE worn to prevent burns				
Practicing Good Housekeeping				
Carrying items not obstructing vision				
Safe Ladder Use				
No Running Observed				
Proper Lifting Mechanics Observed				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

# Checking and recording product temperatures:

- Always use a clean, sanitized and calibrated thermometer to check temperatures
- When preparing batches of food, spot check representative samples



Destiny Zerlaut — St. Helena Island, SC

- Keep accurate and complete HACCP temperature records (don't round numbers or make number up!)
- Don't forget to record corrective actions if a deviation occurs

# **Cooling Food:**

# The two stage cooling method:

- First cool from 140°F/60°C to 70°F/21°C within 2 hours
- Then cool to 40°F/4°C within an additional 4 hours
- Maximum total cooling time: 6 hours

# How to cool food quickly and safely:

- Use pre-chilled stainless steel containers
- Divide food into smaller portions
- Use and ice bath
- Stir food frequently using clean, sanitized utensils OR an ice paddle
- Refrigerate food for final cooling

# How to check and record cooling time and temperature on HACCP Log:

- Place a clean, sanitized and calibrated thermometer in the thickest part of the food
- Record temperature on appropriate HACCP log
- Check temperature:
- At beginning of cooling process
- Again after two hours
- And finally after four more hours

Ilf no one is available for the 3rd check, write down the steps you took to cool food safely (ex: divided food into small amounts, used ice bath, stirred foods often) and validate final cooling temperature in the morning.

# **Thawing Food:**

The safest way to thaw potentially hazardous food is under refrigeration (at  $40^{\circ}F / 4^{\circ}C$  or lower).

Never thaw food at room temperature!

# Thawing food in a microwave oven:

- Do this only if the food is cooked immediate after thawing in a microwave
- Do not use the method for large items like turkeys or roasts

# Thawing food under running water (emergency thawing only):

- Thaw under cold (70°F/21°C or lower) running, draining potable water
- Water must flow fast enough to wash away loose food particles into the overflow drain
- Always clean and sanitize the sink and work area before and after thawing food this way

# Thawing food as part of the cooking process:

 Some foods (i.e. frozen hamburger patties) can be thawed as part of the cooking process

Proper Cooking Temperatures				
Food Type	Temperature	Time on Thermometer		
Poultry (solid & ground)     Stuffed Foods (all varieties)     Dishes that include previously cooked potentially hazardous ingredients     Microwave cooking (all foods) and let stand for 2 minutes	165°F (74°C)	15 seconds		
Ground Meats (beef, pork, lamb, veal 6 fish) Pork (steaks 6 chops) Injected meats Game Shell Eggs to be hot-held for service	155°F (68°C)	15 seconds		
Pork Roasts	155°F (68°C)	22 seconds		
Beef, Veal, Lamb (steaks & chops) Seafood Shell Eggs for Immediate Service Pasteurized Egg Dishes	145ºF (63ºC)	15 seconds		
Beef, Veal, Lamb Roasts	145°F (63°C)	4 minutes		
Commercially processed, ready to eat food, heated for the first time, that will be hot-held for service	140°F (60°C)	15 seconds		
Vegetables and fruits that will be hot held for service	140°F (60°C)			
Roast Beef (Sodexo recipe)	135°F (57°C)	Hold for 45 minutes		



# 201 SEPTEMB

Monday	Tuesday	Wednesday	Thursday	Friday
Safety Shoes Help Stop Hunger – Learn More	1	2	3	4
https:// noram.sodexonet.com/ sdxnet/usen/usa/news/ healthandsafety/ purchase_safety_shoes.aspx	Practicing Good Housekeeping  New Employee Food Safety Training	Accident Prevention Training  Freezer Equip. at 0°F or Below	Report Injuries Within 24 Hrs  Cook Immediately After Thawing	Equipment Lock, Tag, Try When Serviced Egg Safety Guidelines Observed
7	8	9	10	11
PPE Hazard Assessment on File  Clean, Sanitized & Calibrated Thermometers Available	Knife and Slicer Training  Manager Food Safety Certification Completed	Chemical Containers Labeled  Refrigerator Temperature Logs Completed	Cut Resistant Gloves Worn Use Clean, Sanitized Utensils	Safe Ladder Use  Cool Foods in Appropriate Food Containers
14	15	16	17	18
Proper Lifting Mechanics Observed  Know How Long It Takes to Thaw Food	Complete the Monthly Safety Inspection  Complete Comprehensive Food Safety Self-Inspection	Carrying Items Not Obstructing Vision  Cuts and Burns on Hands Properly Bandaged	Lock, Tag, Try Training  Cold Food Stored Within One Hour of Delivery	No Running Observed  Hands Washed Frequently & Correctly
21	22	23	24	25
Use Handrails on Stairs  Raw & Cooked Food Kept Separate	Safety Committee Meeting  No Eating, Drinking or Chewing Gum at Work Stations	Document ALL Safety Training  Do Not Use Microwave to Thaw Large Items	Correct PPE Worn to Prevent Burns  Before and After Thawing Clean and Sanitize the Sink	Develop Lock, Tag, Try Procedures for Equipment  Make Sure Cutting Boards are in Good Condition
28	29	30	RECOMMENDED TRAIN All Services: Lock, Tag, Try Train	
Recognize Safe Work Behavior  Ice Machines are in Good Repair	Investigate injuries, determine root cause & take action to prevent (use SALUS)  All Areas are Well Lit & Ventilated	Practice Safe Storage in All Areas  Always Wash Hands Properly	All Services: Cock, Tug, Tig Truit All Services: Knife and Slicer Tru All Services: Accident Preventio  Food Operations - Choose any Module	aining n Training

Environment, Health & Safety

**Product Quality Assurance / Food Safety** 

# Fire Safety is Everyone's Responsibility

Fire safety is an extremely important part of any workplace safety program. It is everyone's responsibility to help prevent fires.

# Fire Safety Tips:

- Practice good worksite housekeeping habits. Do not let trash and waste material accumulate. Oily rags must be stored and disposed of in covered metal containers
- Do not store materials or allow clutter to accumulate around exits and stairways.
- Do not allow machinery or equipment to become overheated. Follow operating quidelines to prevent overloading
- Electrical equipment should be checked regularly for signs of trouble such as damaged cords or worn insulation
- Understand the fire hazards of all of the materials chemicals around you as they may be combustible, flammable, explosive or reactive. Know where to locate the Safety Data Sheet (SDS) for further information
- Where is the fire alarm located?
- Where are the fire extinguishers located? Make sure that you know how to use them and on what kinds of fires

Everyone has a responsibility for fighting fires. It is up to you to report any unsafe situations, and to make sure that it is corrected by a qualified and authorized person.

# Using the PASS method to fight a fire:

When using a typical fire extinguisher, follow the PASS method. Hold the extinguisher upright and:

Pull the pin (some extinguishers have a cartridge you need to Push), stand back eight or ten feet

Aim at the base of the fire

Saueeze the handle to release the extinguishing agent Sweep at the base of the fire with the extinguishing agent. If you aim high at the flames, you won't put out the fire

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
Pick Up Spills Immediately				
Wash hands to prevent illness				
Safe ladder use – not using chairs				
Avoid shortcuts				
Employee eyes on task				
Practicing Good Housekeeping				
Employee wears seat belt when driving				
Always uses the right procedure for the job				
Keep electrical cords out of aisles and walkways				
Employees know assembly point				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

# Receiving and Storing Food:

# What to look for when checking in deliveries

- Is the packaging undamaged and intact?
- Any signs of thawing & refreezing (ice crystals, frozen liquid at case bottom, water stains)?
- Are cans undamaged? (rust, pitting, sharp dents)
- Does live molluscan shellfish have the required shellstock identification tags? Are foods being delivered at proper temperature levels?
- Are foods separated from other items (chemicals) in the delivery vehicle?
- Is the delivery vehicle clean and neat?

# How to be aware of food security during delivery?

- Are receiving areas secured to prevent unauthorized access to the facility?
- Are the vendor's delivery persons authorized to deliver products to the facility?
- Are deliveries checked for signs of product tampering?
- Do employees know when and how to report unusual or suspicious activity?

# How to store dry goods

- Use FIFO system (old products in front of new products)
- Date products for proper rotation
- Keep products in original, labeled containers

# How to store chemicals

- Store chemicals in separate, designated area (away from food, food equipment, utensils, single-service articles)
- Keep chemicals in original, labeled containers
- Store at least 6" off the floor and away from walls

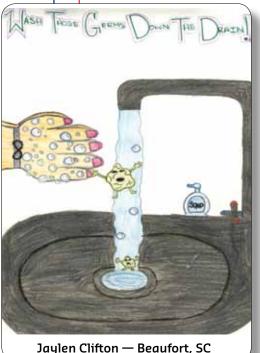
# Effective Self Inspections

- A complete self-audit for each month is necessary to have on file during your annual 3rd party food safety audit
- Complete audits include a total score, signature and a corrective action plan
- Mark all fields (yes or no). If a field is not applicable, check the "N/A" column & assign total points
- Be sure to include non-scored sections in your Self Inspection ("General Observations") as these sections identify problems and solutions integral to the success of your operation

# Corrective Action Plan tips:

- Must be timely and completely correct the deficiencies
- Must be documented for verification
- Ensure that managers and employees know the proper corrective action steps for all items on the self inspection form

Be sure that managers and supervisors review and evaluate the corrective action steps.





# 201 OCTO

Monday	Tuesday	Wednesday	Thursday	Friday
RECOMMENDED TRAIN	IING:		1	2
	al Disaster Preparedness Train rtable Fire Extinguisher Trainir			
Food Operations: Choose ar	ny Food Safety "Walk the Talk"	' Module	Proper Work Permit Used  Store Refrigerated & Frozen	New Global Lifting Limit is 40 Lbs.
			Foods First	Receiving Areas Secured
5	6	7	8	9
Practice Good Housekeeping	(Clean Up Spills Immediately	Safe Ladder Use	Know the PASS Method to Fight a Fire	Employees Know Emergency Assembly Poi
Use FIFO (First In – First Out) System	Manager Food Safety Certification Completed	Conduct Monthly Food Safety Audit	HACCP Records Reflect Accurate Temperatures	Store Chemicals in Labele Containers
12	13	14	15	16
New Employees Trained	Complete the Monthly Safety Inspection	Understand Fire Hazards of	Emergency Exits Readily Accessible	Employee Wears Seat Belt When Driving
Bulk Food Items Properly Labeled	Complete Monthly Food Safety Audit	all Material Around You  Global Handwashing Day	Verify Corrective Action Plans Are Complete	All Foods Covered Before Storing
19	20	21	22	23
Fire and Natural Disaster		Always Use the Right		(Kana Florida Conta Onta
Preparedness Training	Safety Committee Meeting	Procedure for the Job  Delegate the "Food Safety	Employee Eyes on Task	Keep Electrical Cords Out of Aisles and Walkways
Store Chemicals in Separate, Designated Areas	Only Approved Wiping Cloths are in Use	Walk-Through" to Trained Employees	Receive Log Completed and Accurate	Food Stored Away from Water and Waste Lines
26	27	28	29	30
	Investigate injuries, determine root cause & take action to prevent (use SALUS)	Operating a Portable Fire Extinguisher Training	(Avoid Shortcuts	Fire Extinguisher Accessib with Current Service Tag
Wash Hands to Prevent	(action to prevent (use SALOS))	Continue of the continue of th		

# **Back Injury Prevention**

Back injuries occur in all kinds of jobs, so it is important for everyone to understand how to lift safety. Take a good look at the load, determine the size, weight, shape and how it is positioned. Could the load be too heavy, too big, or too awkward for you to move by yourself?

Plan the route you would like to take. Look at potential problems such as slippery or uneven floor surfaces or obstacles along the way. Don't forget to have a look at the spot where you will set down the load so you can make arrangements to avoid any difficulties.

# Make it a habit to follow the steps below when lifting anything—even a relatively light object:

- Get as close as possible to the load
- Position your feet approximately shoulder width apart
- Never bend from the waist or stretch out your upper body
- Squat down and lift the load by using the strength of your leg muscles, rather than your back
- Never twist or turn your body when carrying or lifting a load
- Before you start to move with the load, be sure you can see over it
- When setting down the load, bend your knees. To deposit the load on a bench or shelf, place it on the edge and push it into position. Make sure your hands and feet are clear when placing the load

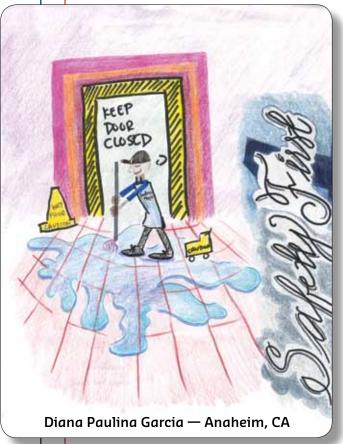
# Some lifts require special techniques:

- Use a stepstool, stepladder or similar safe device if you lift a load higher than your shoulders
- To pick up a load from deep inside a bin, get close to the load and press your bent knees against the bin
- Team lifting must be coordinated. If the weight, shape or size of an object makes the job too much for one person, ask for help

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
Avoid excessive reaching				
Get help to lift heavy or awkward loads				
Active use of carts or dollies for heavy moving				
Wearing proper footwear				
Practicing Good Housekeeping				
Push a load instead of pulling it				
Floor and walking surfaces are clear and dry				
Support team lifts				
Employees do not bend over to lift				
Does not twist when lifting and lowering materials. (Turn their whole body instead)				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

# **Keeping Self-Service Stations Safe**

Self-service food bars and buffets need special attention. They can be easily contaminated if they are not monitored consistently by employees trained in food safety. Frequent monitoring is necessary as customers can unknowingly contaminate food and utensils through improper or careless behavior; self-service area can quickly become messy and unattractive; and it is more challenging to maintain proper hot and cold food temperatures on self-service stations.



# Follow the seventeen steps below for a safe self-service:

- Place serving containers, plates, bowls, cups and glasses so they are easy to reach and are protected from contamination
- 2. Use a separate serving utensil for each item
- Use the proper utensils (easy to use, not too large, not too small)
- Place serving utensils directly into the food or in a clean, sanitized container
- Make sure the handle of the serving utensil does not touch the food
- Protect the food with a sneeze guard or other approved covers
- 7. Identify all menu items with proper signage
- 8. Keep enough clean plates, bowls and cups at the station
- Don't let customers reuse their soiled plates and silverware for refills
- Place ice around cold food containers so that melting water drains away from the food. Ice should not touch the food
- 11. Keep hot food covered, whenever possible
- 12. Stir soups, sauces, stews and casseroles often to maintain the proper temperature
- 13. Keep hot food at  $140^{\circ}$ F/ $60^{\circ}$ C or above and cold food at  $40^{\circ}$ F/ $4^{\circ}$ C or below
- 14. Never mix old and new batches of food when replenishing
- 15. Keep stations clean and neat. Wipe up food spills quickly
- 16. Monitor the stations consistently through the meal service
- 17. Never handle ready-to-eat food with bare hands



# 201 ER NOVEMB

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Push a Load Instead of Pulling It  Keep Hot Foods Covered	Support Team Lifts Use the Proper Utensils	First Aid/CPR (One Person per Shift)  Hands Washed Frequently & Correctly	Back Injury Prevention Training  Identify Food Items with Correct Signage	Avoid Excess Reaching Cleaning Schedules Completed
9	10	11	12	13
Lift Safely, First Plan Your Lift	Complete the Monthly Safety Inspection Complete Monthly Food	Active use of Carts or Dollies for Heavy Lifting  Hair Restraint Worn by Food	Asbestos Awareness Training for FM and Custodial	Do Not Twist When Lifting and Lowering Materials  Keep Self-Service Stations
Wipe Up Food Spills Quickly	Safety Audit	Handlers Handlers	All HACCP Logs Kept for 1 Yr.	Clean and Neat
16	17	18	19	20
Get Help to Lift Heavy or Awkward Loads  All Utensils Cleaned & Sanitized	Safety Committee Meeting  Never Handle Ready-to-Eat Food with Bare Hands	Complete Root Cause Analysis  Gloves Changed Properly at Appropriate Times	Are New Employees Trained  Never Mix Old and New Batches of Food When Replenishing Service Station	Practice Good Housekeeping  Keep Cold Food at 40°F (4°C) or below
23	24	25	26	27
Employees Do Not Bend over to Lift  Self Service HACCP Logs Completed and Correct	Investigate injuries, determine root cause & take action to prevent (use SALUS)  Clean, Sanitized & Calibrated Thermometers Available	Return to Work Transitional Duty Training  Fingernails Well-Trimmed and Clean	Floor and Walking Surfaces are Clear and Dry  Keep Enough Clean Plates, Bowls, and Cups at the Self- Service Station	Store Items You Use the Most on Middle Shelving  Manager Food Safety Certification Completed
30	RECOMMENDED TRA	INING:		
Wear Shoes with Approved non-slip Soles  Clean and Sanitize Sinks before You Start	FM and Custodial Service	Prevention Training Jork Transitional Duty Trair es: Asbestos Awareness Tr e any Food Safety "Walk th	aining	

**Product Quality Assurance / Food Safety** 

Environment, Health & Safety

# Identifying/Preventing Slips, Trips, and Falls

Preventing Injuries from Slips – Immediately cleaning up spills and good housekeeping are the best solutions in preventing a fall. Slips are more likely to occur when you hurry or run, wear the wrong kind of shoes, or don't pay attention to where you are walking.

# You can help avoid slips by following these safety precautions:

- Take short steps on slippery surfaces to keep your center of balance under you and point your feet slightly outward
- Clean up and report spills right away
- Don't let grease accumulate at your work place
- Be extra cautious on smooth surfaces such as newly waxed floors. Also be extra cautious on loose carpeting

Why Trips Happen: A trip occurs when a worker's foot hits an object, and his/her balance is thrown off. This creates enough momentum for the worker to fall. Trips happen when a work area is cluttered, when lighting is poor or when an area has loose footing.

# You can avoid trips by:

- Making sure can see over the load you are carrying
- Ensuring lighting is adequate
- Keeping work area free of clutter and litter, keeping equipment and furniture out of walkways and other traffic areas
- Taping down extension cords or keeping them out of walkways

Why Falls Occur: Falls occur whenever a person moves too far away from his or her center of balance. Slips and trips often push workers off their center of balance far enough to cause a fall, but there are many other ways to fall. Makeshift ladders, misuse of ladders, accidents while climbing, and improper scaffolding use also cause falls.

# You can avoid falls by:

- Wearing shoes with approved non-slip soles
- Keep passageways and aisles clear of clutter and well lit
- Repair or replace stairs or handrails that are loose or broken
- Don't use stairs or aisles as storage areas
- Be continually aware of the dangers on walkways

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
Using handrails on stairs				
Active use of floor warning signs				
No running				
Inspect ladder before use				
Practicing Good Housekeeping				
Slip resistant shoes being worn				
Floor and walking surfaces are clear and dry				
Carrying items not obstructing vision				
PPE worn to prevent cuts				
Face ladder and maintain 3 points of contact when climbing				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

# Pay Attention in the Hall or you hight Sip and Fall!

Aliya Carmon — Woodbridge, VA

# **Dishwashing And Warewashing**

# Manual Warewashing & Washing Pots and Pans

- Clean and sanitize sinks and drain board before you start
- Pre-rinse, scrape or soak all items to remove excess food and soil before washing
- Use hot water for washing and rinsing (at least 110°F/43°C)
- Use the approved detergent
- To wash, use a scrub brush or nylon scrub pad to remove any remaining soil
- Change the wash water when it is dirty or cloudy and the suds are gone
- Rinse thoroughly to remove all traces of food and detergent
- Change the rinse water when it becomes cloudy or dirty
- Sanitize properly by immersing all items for one minute in the sanitizing solution Immerse for 30 seconds if hot water is used for sanitizing
- Air-dry all items. Never use towels or aprons to dry
- Stand cutting boards and sheet pans upright and apart for quick drying
- Never stack wet pots and pans on storage shelves

\*\*Be extremely careful with knives or other sharp objects. Don't immerse them in the sink with other equipment. Wash separately.\*\*

# How to Properly Sanitize

# Sanitizing Solution:

- Prepare the proper concentration (measured in parts per million or ppm): Mikroklene: 12.5 to 25 ppm, Oasis 146: 150 to 400 ppm (U.S. operations), Oasis 146: 200 ppm to 450 ppm (Canadian operations)
- Use test strips to verify the proper strenath
- Make sure the water temperature is right (at least 75°F/24°C, but no more than 115°F/46°C)
- Immerse for one minute

# Hot Water Sanitizina:

- Make sure the water temperature is at least 171°F/77°C
- Immerse for 30 seconds

# Proper use of a Dishwasher Machine

- Understand how to set up, clean and de-lime the machine
- Follow proper pre-loading, loading, and unloading steps
- Document machine temperatures on the Dishwasher Temperature Log

Safety Shield LIVE LINK into Safety Homepage when Reviewing on Sodexo\_Net





# 201 DECEMBE

Monday	Tuesday	Wednesday	Thursday	Friday
RECOMMENDED TRAINING:	1	2	3	4
Environmental Management and Grounds Keeping: Scaffold Safety Training All Services: Slip, Trip & Fall Training	Use Handrails on Stairs	Fall Protection in Place if Needed (FM)	(No Running	Scaffold Safety Training
	Can Openers Clean & Blades Sharp	Stir Foods to Maintain Proper Temperature	Stir Hot and Cold Foods for Self-Service	Cleaning Schedules Completed
7	8	9	10	11
Clean Up Spills Immediately Clean, Sanitized & Calibrated Thermometers Available	Slip Resistant Shoes Being Worn  Manager Food Safety Certification Completed	Slip, Trip & Fall Prevention Foreign Material Awareness	Inspect Ladder Before Use Food Stored in Food-Grade Containers Only	PPE Worn to Prevent Cuts  Keep Pots and/or Pans Covered for Hot Foods
14	15	16	17	18
Floor & Walking Surfaces are Clear and Dry  Never Use Towels or Aprons to Dry Clean Pots and Pans	Complete the Monthly Safety Inspection  Complete Monthly Food Safety Audit	Are Walkways & Stairs Clear  Review Six Steps to of Manual Warewashing	Root Cause Analysis Completed  All HACCP Logs Kept for 1 Yr.	Carrying Items NOT Obstructing Vision Cutting Boards Stored Vertically and Separate
Active Use of Floor Warning Signs  Annual Employee Food Safety Refresher Training	Safety Committee Meeting  Banned Product List Observed	Slip, Trip & Fall Training  Store Flatware w/Handles Up	First Report of Injury Sodexo Hot Line 888 872 5676 Employees Wash Hands Between Glove Changes	Client Asbestos Management Plan on File (FM)  Water for Washing & Rinsing Pots and Pans is at least 110°F/43°C)
28	29	30	31	CONT
Face ladder and Maintain 3 pts of Contact  Employee Health Policy	Investigate injuries, determine root cause & take action to prevent (use SALUS)  Approved Detergent used	No Storage in Aisles or on Stairs  Hands Washed Frequently	Practicing Good Housekeeping  Dishwashing Template Log Completed	Food Operations: Choose any Food Safety "Walk the Talk" Module

# Personal Protective Equipment (PPE)

Personal Protective Equipment is something that you wear that puts a barrier between you and the hazard that it is designed to protect you from. For example, cut-resistant gloves protect from knife cuts. Personal Protective Equipment must be used when a hazard has been identified and there is a PPE that will help to protect against that hazard. Personal Protective Equipment (PPE) includes cut resistant gloves, dust masks, slip-resistent shoes from an approved vendor, face shields, hard hats, oven mitts and any number of other protective items.

PPE is the first defense against accidents. Maybe even more important, proper PPE use can set the tone for a safe jobsite or workplace. Its constant use tells all involved that these individuals and clients are serious about working safety. Proper PPE use is critical to the long-term success of most company safety programs. It is also a legal obligation that the wearing and use of appropriate PPE is enforced. Don't ever compromise with your employees or subcontractors when it comes to PPE compliance.

# **Selecting PPE**

All PPE clothing and equipment should be of safe design and construction and should be maintained in a clean and reliable fashion. Employers should take the fit and comfort of PPE into consideration when selecting appropriate items for the workplace. PPE that fits well and is comfortable to wear will encourage employee use of PPE. Most protective devises are available in multiple sizes and care should be taken to select the proper size for each employee. If several different types of PPE are worn together, make sure they are compatible. If PPE does not fit properly, it can make the difference between being safely covered or dangerously exposed.

# Training Employees in the Proper Use of PPE

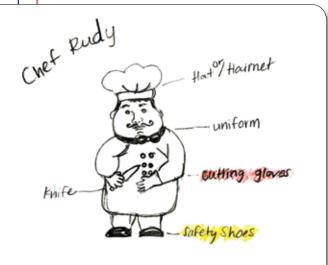
- Information on when PPE is needed
- An explanation on what PPE is required and where to obtain it
- How to properly put on, take off, adjust and wear the PPE
- The limitations of the PPE
- Proper care, maintenance, useful life and disposal of PPE

Make sure that the PPE assessment is periodically reviewed, especially when implementing new equipment or processes

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
Glove & arm protection- worn when exposed to heat, cold, chemicals, or sharp objects				
Hard hats worn when exposed to bumping into or struck-by hazards				
Safety glasses to be used to protect from impact hazards e.g. when using saw				
Dock area free of snow and ice				
Practicing good housekeeping				
PPE maintained & in good condition				
Wearing correct PPE				
Safety harnesses with lanyards worn when exposed to fall hazards				
Knows first aid for eye injuries				
Safety goggles to protect the eyes from splash hazards e.g. chemicals				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

# **Preventing Cross Contamination**

Preventing cross contamination is important as food borne illness can result if harmful microorganisms are transferred from one surface or food to another. Microorganisms can be transferred from food or unwashed hands to prep tables, cutting boards, equipment, utensils, wiping cloths, etc. or to other foods.



# Areli Rios — Dallas, TX

# How does cross contamination occur?

- Raw foods of animal origin (meat, poultry, seafood, eggs) are allowed to touch or drip fluids onto readyto-eat foods or onto food contact surfaces during preparation and/or storage
- Food contact surfaces, including equipment, containers, utensils, are not properly cleaned and sanitized before touching cooked or ready-to-eat food
- Hands are not properly washed after handling raw foods and before touching ready-to-eat foods
- Disposable gloves or sanitized utensils are not used (no bare hand contact) when handling ready-to-eat foods

# Poor personal hygiene practices:

- Not washing hands after using the restroom or whenever they become contaminated
- Coughing or sneezing onto food or food contact surfaces
- Touching or scratching sores, cuts, or boils and then touching food
- Working with food while sick
- Contaminated wiping cloths not cleaned and sanitized before using them on food contact surfaces

# How should we prevent cross contamination? During Storage:

- Store Foods on shelves in the proper order:
  - o Top Shelf: ready-to-eat foods
  - o Middle Shelf: unwashed produce
  - o Bottom Shelf: raw animal foods (meat and poultry, seafood and shell eggs)
- Store raw foods according to the required minimum internal cook temperatures (higher required cooking temperature, lower on the shelf)
- Raw meat products and unwashed produce should never be stored next to ready-to-eat foods

# **During Production:**

- Keep raw food (meat, poultry, seafood and eggs) away from ready-to-eat foods
- Never prepare them side by side on the same work table
- Thoroughly clean and sanitize equipment, work tables, containers and utensils after working with raw foods.
- Use the correct color cutting board
  - o Red raw meat, poultry, seafood
  - o White ready-to-eat foods
  - o Green washed raw fruits and vegetables
- Use separate cooking utensils for each item
- Use a clean and sanitized utensil to remove items from grill or cook top and not the original utensil that was used to put the raw item on the grill or cook top
- Change gloves and wash hands when starting a new task and whenever they are dirty, torn or otherwise contaminated
- Never touch ready-to-eat foods with bare hands

# During Service:

- Select the proper serving utensil
  - o Use a separate utensil for each food item
  - o Ensure that the utensil has a long enough handle to keep hands away from the food
- Place serving utensils properly:
  - o Handle does not touch the food
  - Customers hands and clothes cannot touch the food

# Replace serving utensil with a clean one:

- If dropped or contaminated by a customer
- As needed to prevent dried-on food residue
- If you observe a customer using a utensil to serve multiple items (allergen concern)
- When pans are changed



# 201 **JANUARY**

All Services: Personal Grounds and Maintene Food Operations: Choo	Practicing Good Housekeeping  After Preparing Raw Foods, Clean and Sanitize Equipment and Surfaces			
4	5	6	7	8
Know First Aid for Eye Injuries  Manager Food Safety Certification Completed	PPE Worn to Prevent Burns  Employees Washing Hands at Appropriate Times	Avoid Shortcuts  Never Touch Ready-to-eat Foods with Bare Hands	Personal Protective Equipment Training  All Food Contact Surfaces are Cleaned and Sanitized	Wearing Correct PPE  Wash Hands Before Working with Ready-to-Eat Food
11	12	13	14	15
Always Wear Safety Goggles to Protect the Eyes  During Service use a Separate Utensil for each Food Item	Complete the Monthly Safety Inspection  Complete Monthly Food Safety Audit	PPE Maintained and In Good Condition  Use the Correct Color Cutting Board	Reward Safe Behavior  Unwashed Produce Stored Below RTE Foods	Cold Weather Safety Training Keep Fingernails Short and Clean
Wear Hard Hats When Exposed to Bumping into or Struck by Hazards  Keep Raw Foods Away from Ready-to-eat Foods	Safety Committee Meeting Use Separate Cooking Utensils for Each Food Item	Dock Area Free of Ice & Snow  Sanitation is Everyone's Responsibility	Are Slip Resistant Shoes Being Worn?  Do Not Prepare Food too Far in Advance of Service	No Damaged PPE Worn  Clean, Sanitized and Calibrated Thermometers Available
25	26	27	28	29
Safety Harnesses With Lanyards When Exposed to Fall Hazards  Wash Hands & Change Gloves	Investigate injuries, determine root cause & take action to prevent (use SALUS)  Clean and Sanitized Wiping	Safety Glasses to be Used to Protect from Impact Hazards  Raw and RTE Foods Kept	Know Your Safety Requirements Never Use an Apron or	Glove and Arm Protection Worn at Appropriate Times Change Gloves & Wash Hands
Wash Hands & Change Gloves After Sneezing or Coughing	Clean and Sanitized Wiping Cloths Used	Raw and RTE Foods Kept Separate During Preparation	Never Use an Apron or Kitchen Towel to Dry Hands	Change Gloves & Wash Ho When Starting a New Task

Wednesday

Thursday

Friday

**Product Quality Assurance / Food Safety** 

Tuesday

Environment, Health & Safety

Monday

**RECOMMENDED TRAINING:** 

# **Distracted Driving**

Distracted driving is the act of driving while engaged in other activities—such as looking after children, texting, talking on the phone or to a passenger, eating or any activity that take the driver's attention away from the road. All distractions compromise the safety of the driver, passengers, bystanders and those in other vehicles

The popularity of mobile devices has had some unintended and even dangerous consequences. We now know that mobile communications are linked to a significant increase in distracted driving, resulting in injury and loss of life.

The Department of Transportation stated, "text messaging while driving creates a crash risk 23 times higher than driving while not distracted. Despite these statistics, more than 50% of drivers have admitted to sending or receiving text messages at least once every time they drive..."

# TAKE THE PLEDGE:

Never Talk or Text While Driving

- Texting while driving: An instant can change your life
- Over 100.000 crashes a year involve drivers who are texting

# Vehicle Safetu

Always go over the Vehicle Safety Inspection Checklist: Headlights, turn signals, emergency flashers, horn, wipers. front windshields, seat belts, back-up lights, parking brakes, tires, shock, fluid levels, vehicle has plenty of fuel and the loose objects are secured so that they will not shift.

A safety inspection is only helpful if you report defects or unsafe conditions right away. Don't risk driving an unsafe vehicle.

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
General Fleet Appearance in Good Condition				
Employees Report Unsafe Conditions				
Practice Good Housekeeping				
Employees Wear Seat Belts When Driving				
Backing – Parking – Intersection Training				
Company Vehicles Travel at Safe Speed				
No Running				
Motor Vehicle Records for Drivers Show No Violations				
Employees Working Near Roads Wear Highly- Visible Clothing				
Never Talk or Text While Driving				

# Hand Washing & Personal Hygiene / Using Gloves

WHEN TO WASH HANDS: After using the restroom; Before starting to work; When returning from the restroom and from breaks; **Before** putting on gloves; **After** eating, drinking and smoking; **After** handling raw meat, poultry, seafood and produce; **Before** working with ready-to-eat foods; **Before** handling different types of food; After touching your hair, face, nose or any other part of your body; After coughing, sneezing and blowing your nose; After cleaning; After handling chemicals; After handling dirty equipment; After handling trash or other contaminated objects.



Christina Kovach — Austin, TX

HOW TO WASH HANDS: Wet hands with warm water; **Apply** soap from the dispenser; **Lather** hands and wrists with soap for 20 seconds; Clean thoroughly underneath fingernails and between fingers; **Rinse** hands thoroughly with warm water; **Turn off** the faucet with paper towel—not with your clean hands; **Dry** hands with disposable towel or under air dryer—never use an apron or kitchen towel.

# Personal Hygiene

# **GETTING READY:**

- Shower or bathe before coming to work
- Keep fingernails short and clean
- Don't wear nail polish or artificial nails
- Keep hair clean and neat, and mustaches and beards well trimmed

# AT WORK:

- Wear clean uniform, apron and shoes
- Wear proper hair restraints (hair net, hat or cap)
- Remove all jewelry (except smooth surface rings) and watches from hands and arms
- Follow the rules for eating, drinking, smoking and gum chewing—only in approved areas

#### YOUR HEALTH:

- Tell your manager if you are sick.
- Cover cuts and burns on hands and arms with a clean bandage. Wear a disposable glove over the bandaged hand
- Always wash your hands thoroughly for 20 seconds, especially after using the restroom

# Usina Gloves

- When handling ready-to-eat food without utensils
- When serving food without utensils. May wear gloves for service even if utensils are used
- When a wound on the hand has been bandaged (to protect the bandage and keep it from coming off)

# **HOW TO PROPERLY PUT ON GLOVES:**

- **First** wash hands and dry thoroughly. Gloves slip on best when hands are completely dry
- **Grab** gloves from the box by the cuff
- Hold on to the cuff, then pull glove over the hand without touching any other part of the glove

# HOW TO PROPERLY TAKE OFF GLOVES:

- Hold on to the cuff, take off glove by turning it inside-out
- Throw into trash can

# WHEN GLOVES MUST BE CHANGED OR REMOVED:

- When they are torn, dirty or contaminated
- **Before** starting another job
- When leaving the work area or going on break
- When going to the restroom
- Don't forget—always wash hands when you change gloves before starting another job



# 201 **FEBRUARY**

1	2	3	4	5
Vehicle Safety Training (if applicable)  Hands must be washed After Using Restroom	Bloodborne Pathogens (if applicable) Training  Wash Hands After Handling Chemicals	PPE Actively Worn  Cover Cuts and Burns on Hands and Arms with a Clean Bandage & Gloves	Complete Baseline Audit  Wash Hands & Change Gloves Before Starting Another Job	Practice Good Housekeeping  All Food Contact Surfaces are Cleaned and Sanitized
8	9	10	11	12
Go over Vehicle Inspection List  Wash Hands Before Working with Ready-to-Eat Food	Complete the Monthly Safety Inspection  Complete Monthly food Safety Audit	Employees Working Near or Adjacent to Roads Wear Highly-Visible Clothing  Gloves Are Not Needed When Cleaning Kitchen Equipment	No Late Reporting of Injuries  Jewelry Policy Observed	Employees Wear Seat Belts When Driving Unwashed Produce Stored Below RTE Foods
15	16	17	18	19
Complete and Document Training for 100% of all Employees  Keep Fingernails Short & Clean	Safety Committee Meeting  Wash Your Hands Before Putting on Gloves	Motor Vehicle Records for Drivers Show NO Violations  Wear Proper Hair Restraints (hair net, hat or cap)	Never Talk or Text While Driving  Aprons should be Kept Clean and Free of Soil	No Running  Do Not Prepare Food too Far in Advance of Service
22	23	24	25	26
General Fleet Appearance in Good Condition  Holding on to the Cuff, Take Off Glove by Turning it Inside-Out	Investigate injuries, determine root cause & take action to prevent (use SALUS)  Wash Hands in the Kitchen when Returning from Brakes	Company Vehicles Travel at Safe Speed Turn Off Faucet w/Paper Towel – Not w/Clean Hands	Only Trained Personnel Are Allowed to Operate Fork Lifts Raw and RTE Foods Kept Separate During Preparation	Backing Up Accidents Safety Training for All Drivers Never Use an Apron or Kitchen Towel to Dry Hands
29	RECOMMENDED TRA All Services: Vehicle So		SODEXO ANNOUNCES	THE NORTH AMERICAN

Wednesday

Thursday

Friday

Environment, Health & Safety

the Talk" Module

Grounds - Bloodborne Pathogens

Food Operations: Choose any Food "Walk

Tuesday

Monday

Employees Report Unsafe

Take Off Glove by Turning it

Holding on to the Cuff,

Conditions

Inside-Out

**Product Quality Assurance / Food Safety** 

**2016 SAFETY POSTER CONTEST** 

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# **Working Safety with Electricity**

It is vitally important to take safety precautions when working with electricity. Safety must not be compromised and ground rules need to be followed. Engineers, linemen, electricians, and others work with electricity directly, including overhead lines, cable harnesses and circuit assemblies. Office workers and sales people work with electricity indirectly and may also be exposed to electrical hazards.

# Eauipment

- Use ground-fault circuit interrupters (GFCIs) on all 120volt, single-phase, 15- and 20-ampere receptacles, or have an assured equipment grounding conductor program (AEGCP)
- Use double-insulated tools and equipment, distinctively marked
- Visually inspect all electrical equipment before use.
   Remove from service any equipment with frayed cords, missing around prongs, cracked tool casings, etc.

# **Electrical Incidents**

If the power supply to the electrical equipment is not grounded or the path has been broken, fault current may travel through a worker's body causing electrical burns or death.

- Avoid standing in wet areas when using portable electrical power tools
- Do not remove ground prongs from cord- and plugconnected equipment or extension cords. Do not use cords if grounds are missing
- Use double-insulated tools and ground all exposed metal parts of equipment
- Frequently inspect electrical systems to insure that the path to ground is continuous

Safety Behavior Check (Goal is 100%)			
	At-Risk	Safe	
Broken and damaged tools & equipment are removed from service			
Authorized Electrical Workers Wear PPE			
Chemical containers labeled			
Practicing Good Housekeeping			
Employees report electrical hazards			
Portable electrical tools and equipment are grounded or double insulated			
Authorized employees provided at least one lock and tag			
Equipment Lock, Tag, Try when Serviced			
No running			
GFCI's in use in wet or damp locations			
Total Observations			
Safety Score = Safe/(At-Risk + Safe)			

# Safe Off-Site Service

Food that is sent to off-site locations for service must be handled just as carefully and safely as the meals prepared for our cafeterias/dining rooms/restaurants. Some of the food safety challenges associated with off-site service is food transport, temporary service stations, service in remote locations, and catering functions where food is prepared and delivered.



Owen Lan — Potomac, MD

# Packing and Loading Food for Transport

- Check temperatures of food during preparation, during loading for transport and upon arrival at destination. If food is out of temperature requirements, take and record corrective action
- Practice proper personal hygiene when packing food for transport
- Make sure that the carts and dollies used to transport are clean and the inside of the delivery vehicles are cleaned often
- Use proper insulated food containers and make sure that they are property identified with product name
- Check with your manager if special handling instruction for the customers should be included
- Cover or wrap the cleaned, sanitized serving and eating utensils and serving ware to prevent contamination during transport
- Keep raw animal foods separate from ready-toeat foods

# Setting Up the Food for Service

- Place hot foods where they will stay hot and cold foods where they will stay cold
- If food is delivered but not served by Sodexo employees: Give the safe food handling instructions to the person who accepts your delivery or signs off on the food that you have set up

# Holding Hot and Cold Food

Improper holding of hot and cold potentially hazardous food can result in foodborne illness. Keep these foods out the temperature danger zone (between 40°F/4°C and 140°F/60°C) during holding and serving by following the rules below.

# **Keeping Hot Food HOT**

Hot holding equipment (i.e., heated cabinet, steamtable, bin marie, chafing dish) must keep food temperature at 140°F/60°C or higher.

- Pre-heat serving containers
- Prepare food in small batches so it is used faster
- Don't prepare too far in advance of service.
- Keep food covered to maintain temperature.
- Stir often to distribute heat evenly
- Never mix fresh food with food already being served
- Check product temperature often, as directed and record observations on the HACCP loa

# Keeping Cold Food COLD

Cold holding equipment (i.e., refrigerator, serving station, salad bar, deli bar) must keep food temperature at  $40^{\circ}F/4^{\circ}C$  or lower.

- Use pre-chilled serving containers
- Stir mixtures during service, where possible
- Never mix fresh food with food already being served
- Don't let food come in direct contact with ice
- Check product temperature often, as directed and record observations on the HACCP log



# 2016

# MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
RECOMMENDED TRAINING: All: Electrical Safety Food Operations – Bloodborne Pathogens (if applicable)	1	2	3	4
Custodial & Maintenance: Confined Space (if applicable)	Practice Good Housekeeping	Electrical Safety Training	Chemical Containers Labeled	Authorized Electrical Workers Wear PPE
Grounds: Mechanical Safety	Never let Food come in Contact with Ice	Use Proper Insulated Food Containers	Keep Pots and/or Pans Covered for Hot Foods	Stir Hot and Cold Foods for Self-Service
7	8	9	10	11
Remove or repair damaged cords  Practicing Good Housekeeping	Conduct Monthly Safety Inspection Guide  Complete Monthly Food Safety Audit	GFCI's In Use in Wet or Damp Location  Keep Raw Animal Foods Separate from Ready-To-Eat Foods	Confined Space Training  Properly Calibrated Thermometers Available at All Times	Broken and Damaged Tools & Equipment Are Removed from Service  No Raw Foods Stored Above RTE Foods
14	15	16	17	18
Inspect Electrical Equipment  Keep Food Covered to Maintain Temperature	Document all safety training for 100% of all employees  Use Pre-chilled Serving Containers for Cold Food	Bloodborne Pathogens (If Applicable)  Never Mix Fresh Food with Food Already Being Served	Employees Report Electrical Hazards  Temperature Logs Completed and Accurate	No Running  All Utensils Cleaned and Sanitized
21	22	23	24	25
Sodexo Group Health & Safety Policy Signed, Dated and Displayed	Safety Committee Meeting  Practice Proper Personal	Extension Cords Not Used as Permanent Wiring	Authorized Employees Provided at Least One Lock and Tag	HepB Vaccinations Offered to EE's With Occupational Exposure
Do Not Prepare Food too Far in Advance of Service	Hygiene when Packing Food for Transport	Cleaning Equipment Stored Properly	Employees Wash Hands Between Glove Changes	Prepare Food in Small Batches
28	29	30	31	CONT
Portable Electrical Tools and Equipment are Grounded or Double Insulated	Investigate Injuries, Determine Root Cause & Take Action to Prevent (use SALUS)  Keep Carts, Dollies & Delivery	Equipment Lock, Tag, Try When Serviced	Damaged or broken tools and equipment are removed from service	Food Operations: Choose any Food Safety "Walk the Talk" Module
Identify All Food Containers with the Product Name	Vehicles Clean and Neat at All Times	Keep Cold Food Cold; Hot Food Hot	Record Temperatures during Holding and Service	

Environment, Health & Safety

**Product Quality Assurance / Food Safety** 

# **Globally Harmonized System (GHS)**

It's a new international approach to hazard communication for chemicals and is part of the newly revised Hazard Communication Standard.

The new system have changes in how chemicals are labeled, to Safety Data Sheets (SDS), and how chemical hazards are classified. The reason for these changes is so that there is improved consistency in the classification and labeling of all chemicals.

The globally harmonized format of new safety data sheets will be more efficient, effective and communicate consistent information no matter who the manufacturer or supplier is.

There are three major areas of change: the labels, some hazard classifications, and Safety Data Sheets. Under the new Global Harmonized system, Material Safety Data Sheet will be called Safety Data Sheets or SDS.

# What is changing:

# Label Requirements

# New Signal Words

- "Warning" less severe hazard
- "Danger" more

# Standardized Hazard Statements

Examples - "Highly flammable liquid and vapor", "Causes skin irritation"

Can employee locate SDS

near stairwaus

Carrying items not obstructing vision especially

Active use of floor hazard barricades when mop-

Proper use of PPE when using chemicals

Wash hands after using chemicals

Safe ladder use - not using chairs

Employees NOT mixing Chemicals

Safety Score = Safe/(At-Risk + Safe)

9.

10.

11.

12.

13.

14.

15.

Practicing Good Housekeeping

Employee's eyes on task

ping or stripping floors

**Total Observations** 

Chemical containers labeled

#### Standardized Precautionary Statements

Examples – "Wear protective gloves," "Do not breathe vapors"

#### Pictograms



#### New Labels

Hazard Statements – Under GHS, workers will see the same statements for the same hazards no matter what the name of the chemical or who produces it.

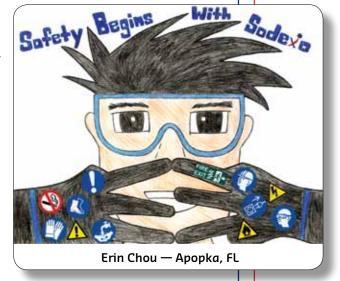
# **Precautionary Statements**

- Prevention (to minimize exposure)
- Response (in case of accidental spillage or exposure emergency response & first -aid)
- Storage
- Disposal

# Supplier Name, address, phone # OR

This is the new SDS format, 16 Sections:

- 1. Identification
- 2. Hazard(s) Identification
- 3. Composition\information on ingredients
- First-aid measures
- 5. Fire-fighting measures
- 6. Accidental release measures
- 7. Handling and storage
- 8. Exposure controls\personal protection



Safety Behavior Check (Goal is 100%)

Physical and chemical properties

Stability and reactivity

**Ecological** information

Transport information

Other information

Regulatory information

Disposal considerations

Toxicological information

At-Risk

Safe

# **General Sanitation**

Sanitation and food safety go hand-in-hand and is everyone's responsibility. Maintaining a clean operation prevents the contamination of food and food contact surfaces and presents a clean and organized environment which shows we care about our operations. Our customers expect and deserve a clean, neat and safe dining environment. Anything less could result in a loss of confidence in the quality and safety of our food. Using a "Clean as You Go" approach will make the cleaning easier and prevent cross contamination.

Develop and follow a Master Cleaning Schedule that applies to all areas of the operation. The schedule will remind us of the "who, what, when and where" of necessary cleaning. Don't forget about areas that are above eye level and restrooms which need to be a top priority as well. Unsanitary bathrooms reflect poorly on our operation and can be the source of disease causing microorganisms. Make sure restrooms are properly stocked and all surfaces are cleaned thoroughly and frequently.

# **Cleaning and Sanitizing Food Contact Surfaces**

A Food Contact Surface is any surface or utensil that normally touches food (utensils, bowls, plates, cutting boards, hands). Food contact surfaces need to be cleaned (removal of food and soil from a surface), rinsed (removal of cleaning solution residue) and sanitized (reduction of the number of microorganisms to a safe level).

#### How to prepare sanitizing solution

Using the approved chemical and dispenser, prepare the proper concentration (measured in parts per million (ppm) at the proper temperature (75°F (24°C), but no more than  $115^{\circ}F$  (46°C). Use clearly labeled spray bottles or into buckets used only for sanitizing. Test the solution using test strips and record on Sanitizer Solution Log daily.

	Recommended Dilution Rate (ppm)		
	Recommended Dilution Rate (ppm)		
Prepared Sanitizer Location	Mikroklene	Oasis 146 (US operations)	Oasis 144 (CAN operations)
Pot Sink	12.5 - 25 ppm	150 - 400 ppm	200 ppm
Spray Bottles	25 ppm	150 - 400 ppm	200 ppm
Storage of Wiping Cloths	25 ppm	150 - 400 ppm	200 ppm
Dispensing Equipment	25 ppm	150 - 400 ppm	200 ppm

# Cleaning and Sanitizing Food Contact Surfaces

- Any method utilized for cleaning and sanitizing food contact surfaces must have distinct wash, rinse, and sanitize steps to be effective
- First clean the food contact surface with an approved detergent
- Then rinse the surface thoroughly in clean hot water
- Finally, spray, wipe, or immerse in a sanitizer solution
- Allow the surface to remain wet for one minute
   Allow to air dry, do not towel dry as this may recontaminate the surface

# REMEMBER:

- Change the sanitizer solution when it is soiled or it no longer has the proper concentration
- Change the wash solution and rinse water when soiled
- Do not use sanitizing cloths for any other purposes if they have been used to sanitize surfaces on which raw animal foods have been prepared
- Surfaces of the equipment to be sanitized must remain wet for at least one minute before being allowed to air dry
- Always Keep wiping cloths used for food spills stored in sanitizer solution between uses

# Wiping Cloths

- Use only disposable towels or cotton cloths that can be commercially laundered for cleaning and sanitizing.
- Only use Quat-Safe towels when using Oasis 146
  Quaternary Ammonium sanitizer as cloth towels
  will bind to the active ingredient and can weaken
  the sanitizer solution
- Don't use terry-style or loose-knit style cloths as they can fray easily which could contaminate food and equipment

# Sanitizing Food Contact Surfaces Using Cloths:

- Use only approved Quat-Safe towels for applying Quaternary Ammonium sanitizer after the washing and rinsing steps
- Cotton cloths are acceptable to apply Microklene after the washing and rinsing steps

# Cleaning Non-Food Contact Surfaces:

- Non-food contact surfaces do not need to be sanitized
- Use approved cloths, brushes, and detergents to manually clean equipment



Tuesday Monday Wednesday Thursday Friday **RECOMMENDED TRAINING:** All Services: Chemical Safety & GHS SODEXO SAFETY POSTER Environmental, Grounds, Facilities: Hazardous CONTEST DEADLINE: Materials Handling All Services: Mechanical/Electrical Safety Training April 29, 2016 Safe Ladder Use Food Operations: Choose any Food "Walk the Talk" Use Quat-Safe Towels Module 5 6 7 4 8 Employees Eyes on Task Practice Good Housekeeping Can Employees Locate SDS Global Health Day Chemical Safety Training Test and Record Sanitizer Sanitation and Food Safety Employees Washing Hands Manager Food Safety Solution Go Hand-in-Hand at Appropriate Times Certification Completed Gloves Changed as Required 11 12 13 14 15 Document all Training Employees NOT Mixing Complete Monthly Safety Conducted for 100% of all How to Use an Eye Wash Chemicals Wash Hands After Using Employees Inspection Station Chemicals Hairnets, Caps or Chef Hats Sanitary Restrooms Must be Wear Clean Uniforms, Aprons Complete Monthly Food are to be Worn Around Food Hands Washed Frequently and Slip-resistant Shoes Safety Audit a Top Priority Area and Correctly 20 21 22 18 19 Active Use of Floor Hazard Barricades When Mopping or Carruina Items Not Stripping Floors **Obstructing Vision** Safety Committee Meeting Hazardous Material Training Identify and Post Tornado Place Prepared Sanitizing Maintaining a Clean Shelter Location Operation Prevents Gloves Changed Properly at Foods Reheated Rapidly and Solution in Designated, Clearly Labeled Spray Bottles Contamination Appropriate Times Correctly Correct Cutting Boards Used 25 26 27 28 29 Portable Electrical Tools and Equipment are Grounded or Investigate injuries, Proper PPE Being Used Mechanical/Electrical Safety determine root cause & take Double Insulated Chemical Containers Labeled action to prevent (use SALUS) Trainina Gloves or Sanitized Utensils Refrigerated and Frozen No Eating, Drinking or Sanitation is Everyone's Food Stored in Food-Grade Food Stored Within 1 Hour of Chewing of Gum at Work Used to Handle Ready-to-eat Responsibility Delivery Stations Foods Containers Only

Product Quality Assurance / Food Safety

Environment, Health & Safety

# Global Health and Fitness Month

Global Employee Health and Fitness Month is an international observance of health and fitness in the workplace. During Global Employee Health and Fitness Month, all employees should live healthier lifestyles through:

- Healthy occasions of health eating, physical activity, per personal/environmental Health. Examples include: going for a walk; cooking a healthy meal; participating in an exercise class; quitting smoking; going to the doctor.
- Health Groups at work can be formed to create a sustainable activity continuing even beyond the month.
   Examples include: walking, jogging or cycling groups; health recipe or health lunch groups; join a sports team.

# Fun Health Changes for Employee Health and Fitness Month:

- Organize an early morning physical activity opportunity
- Take the stairs if possible Did you know that you burn 0.04 calories for every step that you take?
- Swap the soda with water
- Take a short walk during break
- Stretch once an hour at your desk
- Switch out junk food with a healthy choice

Workplace wellness programs have been shown to: Improve health care cost management; enhance employee productivity; decrease rates of illness and injuries and reduce employee absenteeism. Don't forget to stretch before you start working.

# **Shortcuts Can Be Killers**

The shortcut is because somebody has the perception that they're in a hurry for something, several possible explanations – a personal priority on working fast, job insecurity, the proverbial "time is money" attitude, too few workers to complete the task, or changes in the organization or job roles. Whatever the reason, when the need to work fast outranks the need to work safe, mishaps can occur.

# Common Shortcuts

- Out of complacency or a rush to accomplish tasks, workers may run through a checklist without actually stopping to evaluate each item on the list
- In a warehouse, it is not uncommon for workers to climb onto shelves or racks to reach an object rather than use a portable safety ladder

Safety Behavior Check (Goal is 100%)				
	At-Risk	Safe		
PPE worn to prevent burns				
Always use the right procedures for the job				
Employee trained on the equipment/machinery				
Practicing Good Housekeeping				
Rotating and moving parts of equipment/ machinery are guarded				
Carts used to transport hot liquids				
Employees under 18 years old prohibited from using machinery				
Employee's eyes on tasks				
Employees wearing respirators are fit tested with medical evaluation				
Voluntary use of dusk masks requires the review and signing of Appendix D				
Total Observations				
Safety Score = Safe/(At-Risk + Safe)				

- A worker's shift was almost over, so he quickly set up the ladder and climbed to the highest rung; instead of getting a taller ladder
- 4. Pre-trip inspections are important because they help detect problems before a vehicle goes out on the road. In addition to compromising safety, neglecting to check brakes, tires and other vehicle equipment can result in lost productivity
- Often on a production line or in a conveyer area, a worker will time the rotation or movement so he or she can dislodge an object with the machine still in motion
- 6. Attempting to oil a machine part without turning off the machine
- 7. Prior to a confined Space entry the atmosphere at the top, middle and bottom of the space is not tested
- 8. Cut corners by "misusing a tool" instead of retrieving the right one. An example would be using a screwdriver as a pry bar or wedge
- 9. Overlooking the need for fall protection for a task that is not expected to take long
- Using rolling and stationary chairs instead of ladders to get to elevated places that could result in falls
- 11. Grinding materials on a grinding machine hurriedly without eye protection to finish the job could result in an eye injury
- 12. Not using any personal protection equipment where required to quickly get the job done

# To avoid dangerous shortcut situations the following tips would help:

- Remind employees to work safely and not take dangerous shortcuts before work
- During safety training use this as a reminder for employees
- Safety committees can provide this as a topic for discussion to share in their various areas

# **HACCP Recordkeeping**

- Accurate and complete HACCP records are necessary during investigations of alleged food borne illnesses
- Food Safety Audits require good HACCP recordkeeping
- Everyone must work to provide safe food to our customers. HACCP records document our processes and are required under our HACCP Plan
- Checking and recording temperatures and corrective action steps are part of the production and serving process

Every employee should have access to the HACCP loas required for his/her work station

# Fill out the logs correctly:

- Choose random representative samples of potentially hazardous foods when checking temperatures
- Know how often to check temperatures

#### **THERMOMETERS**

# **CLEANING THERMOMETERS:**

Wash and rinse thermometer stem. Be careful to keep the dial or digital display dry.

# SANITIZING THERMOMETERS: Sanitizing Solution:

- Use a sanitizing solution prepared at the proper concentration
- Use antibacterial probe wipes
- Use hot water from the coffee urn Remember: Thermometers are food contact surfaces and must be cleaned and sanitized before use.

# Antibacterial Probe Wipes:

- Tear off edge of packet
- Slide thermometer stem through the nacket
- Wipe back and forth to sanitize entire stem

#### Hot Water from Coffee Urn:

- Fill Styrofoam or other hot cup with hot water from urn
- Immerse thermometer stem for three seconds in water

# Store Sanitized Thermometers in:

- Sanitizing solution (in designated, labeled containers)
- Thermometer holder that has been cleaned and sanitized

# CALIBRATING THERMOMETERS:

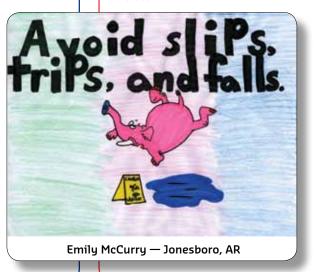
- Calibrate thermometers daily, if they are dropped and after a severe temperature change
- Place thermometer stem 3" into cup filled with an ice and water mix using 60% ice. The thermometer should read 32°F/0°C once stabilized
- Read dial (or digital display) after two minutes

#### USING THERMOMETERS:

- Clean and sanitize thermometers before checking foods
- Use a thin tip thermometer such as a digital thermometer or thermocouple for thin foods {burgers, fish fillets, etc}
- Use a bi-metallic stemmed thermometer for most other food items
- Use an infrared (laser) thermometer for surface temps during receiving or for checking the air temps in refrigerators
- Take temperatures in the center or thickest part of food
- Record accurate temperatures on the appropriate HACCP log

# Sodexo Garden Guidelines

- Request and retain a documented request from your client (if the garden is a client request). An e-mail approval is acceptable.
- Check with the public health authority (e.g. Dept of Health) to determine if using unit level garden grown produce in foodservice is acceptable.
- 3. Division VP must know about, approve and sign off on the garden project. An e-mail approval is acceptable.
- 4. Contact Sodexo Legal to confirm insurance and indemnity requirements.
- 5. Maintain a file for all of your request and approval documents.





Tuesday Monday Wednesday Thursday Friday 2 3 5 6 4 Carts Used to Transport Hot Always Use the Right Liauids Procedure for the Job PPE Worn to Prevent Burns Company Vehicle Inspected When Cleaning Landscape Training Monthly Food Safety Audit Thermometers be Careful to All Employees have Access to Manager Food Safety Conducted **HACCP** Loas Global Hand Hugiene Day Certification Completed Keep the Digital Display Dry 9 10 11 12 13 Safe Machine and Employees Under 18 Years Complete the Monthly Safety Using the Stairs Helps to Old Prohibited From Using Equipment Operation All Confined Spaces Inspection Machinery Training Maintain Physical Fitness Identified Clean, Sanitized and The first five steps to Food Permit or License Kept Hairnets. Caps or Chef Food Prep Sinks Not Used Calibrated Thermometers starting a garden have been on File and Available for Hats are to be worn in Food for Hand Washing Available completed Review Preparation Area 17 18 19 20 16 Rotating and Moving Parts Are Emergency Stop of Equipment/Machinery are Power Industrial Truck Controls Provided Guarded PPE Worn to Prevent Burns Safety Committee Meeting Training for Authorized Users Employees are Trained to Temperatures Taken Every Hands Washed Frequently Properly Fill Out the HACCP Complete Monthly Food Food Alleray Awareness Two Hours During Holding and Correctly Safety Audit Week Logs and Service 23 24 25 26 27 Voluntary Use of Dusk If EE's Are Exposed to Masks Requires the Review Air Contaminates, Is A and Signing of Appendix D Burn Prevention Training Respiratory Protection Investigate injuries, Practicina Good Housekeepina Program Established? determine root cause & take Sanitation is Everyone's Clean and Sanitize action to prevent (use SALUS) Employees Wash Hands After Responsibility, keep a Food Stored in Food-Grade Thermometers Before Schedule Cleaning Safety Training Documented Containers Only Checking Foods 30 31 **RECOMMENDED TRAINING:** Food Operations: Burn Prevention Training All Services: Safe Machine & Equipment Operation Stretch Every Hour if Possible Employee's Eyes on Tasks Facilities & Environmental: Power Industrial Truck Training (for authorized users) Ground: Landscape, Horticultural Hazards, and Tree Trimmina Safety Accurate HACCP records No Eating, Drinking or reviewed, including garden Chewing of Gum at Work

Food Operations: Choose any Food Safety "Walk the Talk" Module

Product Quality Assurance / Food Safety

2016

7 V

checklist, if applicable

Stations

Environment, Health & Safety

# **Workplace Summer Safety Tips**

Working in the summer can be dangerous if you do not know how to properly protect yourself from the heat and sun. Many people do not realize the effect that the summer weather can have on your health and well being. Below are some workplace summer safety tips that can help you beat the heat and stay healthy all summer long:

# **Summer Safety**

- 1. Always dress appropriately. Our jobs require long pants and many times long sleeves.
- 2. If working outdoors, wear protective sunscreen with an appropriate SPF rating.
- 3. Keep clothing light colors. The darker the fabric the more sun it will absorb.
- 4. Wear clothes that breathe and nothing that is too tight.
- 5. Drink plenty of fluids.
- Take breaks and go indoors whenever possible. It is important to allow your body a chance to recover from the heat.
- 7. If you feel dizzy, weak or nauseous, take a break immediately.
- 8. Sunglasses and hats will help keep your body slightly cooler than it would be without them.

These are just a few workplace summer safety tips that will help you to make it through the hot summer months. Safety is important all year long and you should always be doing your best to work as safely and efficiently as possible.

# Warning Signs - Heat Stress

When the body is unable to cool it by sweating, several heat-induced illnesses such as heat stress or heat exhaustion and the more severe heat stroke can occur, and can result in death.

# Factors Leading to Heat Stress

High temperature and humidity; direct sun or heat; limited air movement; physical exertion; poor physical condition; some medicines; and not acclimated to hot workplaces.

# Sodexo Rounding for Safety - 6 Step Process

When you observe someone working unsafetly:

- 1. Observe. Then get the person's attention to stop the unsafe act (safely)
- 2. Comment on what the person was doing safely
- 3. Discuss with the person:
  - a. The possible consequences of the unsafe act
  - b. Ways to do the job more safely

4.Get the person's aggrement to work safely in the future

- 5. Discuss other safety issues on the job
- 6. End with Thanks

Safety Behavior Check (Goal is 100%)			
	At-Risk	Safe	
Floor and walking surfaces are clear and dry			
Carrying items not obstructing vision			
Active employee reporting of slip, trip and fall hazards			
Employees display safe practices to prevent heat illness			
Practicing Good Housekeeping			
No horseplay			
Use handrail on stairs			
Employee knows who to report violent behavior to			
Employee knows Sodexo's Action for Emergencies			
Employees know that no one will receive reprisals for reporting violent behavior			
Total Observations			
Safety Score = Safe/(At-Risk + Safe)			

# Safe Picnics and Other Outdoor Service

When planning for meals to be cooked and served outdoors, consider how to accomplish the following:

- How to keep raw potentially hazardous foods at safe temperatures prior to cooking?
- How will you keep hot food hot and cold food cold throughout the serving period?
- Does the pack list include enough separate utensils for raw and ready-to-eat foods, serving dishes, a thermometer, disposable gloves and wiping cloths?
- Where will hand washing facilities be provided for employees that are cooking and serving food?



Emma Davila — Altamonte Springs, FL

# Safe Off-Site Service

# Packing and Loading Food for Transport

- Practice proper personal hygiene when packing food for transport
- Make sure carts or dollies used are clean.
- Clean the inside of vans or cars used for deliveru
- Use proper insulated, sturdy containers that maintain safe temperatures, keep hot food hot and cold food cold
- Cover all food containers tightly to avoid spills and leaks
- Identify all food containers with product name
- Check to see if special handling instructions for the customers should be included
- Cover the cleaned, sanitized serving and eating utensils and serving ware to prevent contamination
- Keep raw animal foods separate from ready-to-eat foods

# Keeping Food Safe During Transport and Delivery

- Prior to transport, and record the temperatures of all sample portions
- Practice proper personal hygiene when delivering food
- Deliver the food promptly to make sure that proper food temperatures are maintained
- Upon arrival, check the temperature of all sample portions again

# Setting Up the Food for Service

- Place hot foods where they will stay
  hot
- Place cold foods where they will stay cold. Set containers on refrigerated surfaces, or place them deep in ice
- If food is delivered but NOT served by Sodexo employees:
- Give the safe food handling instructions to the person who accepts delivery or signs off on the food
- Make sure food is at the proper temperature prior to pick up
- Provide contact person with clean, sanitized food containers, utensils, cutting boards, thermometers, disposable gloves, etc.
- Have the contact person sign the "Food Handling Guidelines" included in our HACCP manual

Safety Shield LIVE LINK into Safety Homepage when Reviewing on Sodexo\_Net





#### Monday Wednesday Thursday Friday **RECOMMENDED TRAINING:** 2 3 1 All Services: Heat Illness Prevention Training All Services: Preventing Workplace Violence Training Preventing Workplace Heat Exposure Safety All Services: Accident Prevention Review Training Violence Trainina Floor and Walking Surfaces Trainina are Clear and Dry Food Operations: Choose any Food Safety "Walk the Talk" Keep Raw Animal Foods Clean, Sanitized and Module Separate from Ready-to-Eat Calibrated Thermometers All Food Contact Surfaces Available are Cleaned and Sanitized Foods 6 7 8 9 10 Safe Golf Cart Operation Employees Know Who to Use Approved Floor Hazard Document All Safety Training Report Violent Behavior To Warning Signs Accident Prevention Review Training Place Cold Foods Where They Wash Hands at Appropriate Manager Food Safety Cutting Boards are in Good Raw and Cooked Food Kept Will Remain Cold Condition Certification Completed Times Separate 13 14 15 16 17 Heat Illness Prevention Employees Know Sodexo's Employees know that no Complete the Monthlu one will receive reprisals for Training (Laundries) Action for Emergencies Safety Inspection Practice Good Housekeeping Reporting Violent Behavior HACCP Records Reflect Complete Monthly Food Aprons should be Kept Clean Jewelry Policy Observed Always Cover Stored Food and Free of Soil Complete and Accurate Safety Audit 20 21 22 23 24 Employees display Safe Wear Lightweight, Light Practices to Prevent Heat Active Employee Reporting Carrying Items Not Colored, Loose-Fitting Illness Safety Committee Meeting of Slip, Trip & Fall Hazards **Obstructing Vision** Clothes Inspect Kitchen Equipment Check and Record Product to Ensure Good Working Follow Good Personal Food Stored Away from Never Use an Apron or Temperatures Kitchen Towel to Dry Hands Order and No Loose Parts Hygiene Rules at All Times Water and Waste Liners 27 28 29 30 Investigate injuries, PPE Actively Worn No Horseplau Use Handrails on Stairs determine root cause & take action to prevent (use SALUS) Store Chemicals in Keep Food Safe During Make General Food Safety Proper Hair Restraint Worn Separate, Designated Area Observations Transport

Product Quality Assurance / Food Safety

Tuesday

Environment, Health & Safety

# **Too Many Excuses — Too Many Accidents**

Consider this statistic: 90 out of every 100 accidents are someone's fault, usually the person involved in the incident. Unsafe acts cause four times as many accidents and injuries as unsafe conditions. Accidents occur for many reasons. Unfortunately, too many employees and supervisors tend to look for "things", or excuses to blame the accident on, instead of looking for the root cause of the accident- which usually points directly at the unsafe acts of people.

Consider the possible accident-causing excuses below. Have you been guilty of any of these attitudes or behaviors?

# 1. Taking Shortcuts

Every day we take actions to hopefully make our work faster and more efficient. However, make sure these time savers don't risk your own safety or that of others.

# 2. Being Overconfident

Overconfidence is too much of a good thing. Being overconfident can lead to the "It will never happen to me" attitude, which can quickly put you in harms way.

# 3. Starting a Task with Incomplete Instructions

To do the job safely and right the first time you need complete information. Ask questions if you need to. You will be more likely to do the job right, on time and without injury.

# 4. Poor Housekeeping

A quick look at your site's housekeeping usually provides a good indicator of quality, production and safety. Always practice good housekeeping. Your job will be safer and more productive as well.

# 5. Ignoring Safety Procedures

The individuals that ignore or purposely break safety rules are few and far between. But not only are you breaking company rules, but it is just a matter of time before that "accident" occurs.

# 6. Mental Distractions from Work

Having a bad day at home and worrying about it at work is a hazardous combination. Dropping your mental guard can pull your focus away from safe work procedures.

# 7. Failure to Pre-Plan the Work

You have heard the saying, "Plan Your Work and then Work Your Plan." The saying works. Well planned work doesn't usually result in accidents. Always plan your work and include safety in that plan.

Safety Behavior Check (Goal is 100%)			
	At-Risk	Safe	
Oxygen not used to dust off clothing, in pneumatic tools, or for ventilation (FM)			
Compressed gas cylinders secured properly in vertical position			
PPE Actively Worn			
Practicing Good Housekeeping			
Employee working unsafely			
Employees report unsafe conditions			
Check ladder shoes to ensure they are not slippery			
Avoids short cuts			
Does not block or obstruct fire extinguisher			
Fall protection worn (FM)			
Total Observations			
Safety Score = Safe/(At-Risk + Safe)			

# Foreign Materials and Substances in Food

A foreign material is something that is not supposed to be in the food. It can be an object, a substance or an ingredient that a recipe does not call for (especially critical in cases of allergens and the corresponding labels provided for customer information).

# Examples of foreign materials often found in foods:

- Metal objects: staples, thumb tags, metal shavings, paper clips, hardware, fragments from kitchen equipment or tin cans
- Plastic objects: plastic packaging, plastic ties, rings from milk bottles, pieces of gloves
- String
- Rubber bands
- Glass fraaments
- Cardboard fragments
- Insects, worms and other pests or evidence of these pests
- Pebbles and stones
- Bones in poultry and meat
- Hair, fingernails, eyelashes, nail polish
- Band-aids
- Incorrect ingredients

# What can be done to prevent injuries and complaints due to foreign materials and substances in food?

- Be alert always be looking for possible foreign material in food
- Always follow the recipe when preparing food to ensure the right ingredients are included
- Remove clips, ties, string and netting (from roasts) and place in the trash immediately
- Inspect frozen food to ensure cardboard has not stuck to any food surfaces
- Keep office supplies such as paper clips and staples away from food prep areas.
   Never hang a bulletin board with tacks above a food prep area
- Inspect kitchen equipment to ensure it is in good working order and has no loose parts.
- Discard cracked or chipped glass and porcelain items immediately
- Inspect dried beans, lentils and peas prior to cooking and remove any stones
- Follow good personal hygiene rules when working with food:
  - o Hair properly restrained and covered
  - No nail polish or fake nails
  - o All band-aids on hands covered with gloves
  - o No jewelry except for a plain wedding band

# If you discover a foreign material in food or if a customer alerts you to a foreign material in their food:

- Report this to your supervisor immediately whether a customer was involved or not
- Save the foreign material somewhere secure—do not throw it away!
- Use the Sodexo Food Complaint Report (found on SodexoNet) to call Sodexo Claims Reporting to alert HQ to the foreign material discovery
- Take foreign material discoveries and complaints seriously. Even if an injury did not occur, the information helps our unit and other units prevent a future injury





# 2016

Noise and Hearing Prevention Training All Services: Preventing Compressed Gas Hazards Compressed Gas Cylinder All Grounds: Noise and Hearing Conservation Safety Training Manager Food Safety Food Operations: Choose any Food Safety "Walk the Talk" Module Certification Completed 5 7 4 6 8 Noise and Hearing Prevention Firework Safety - First Aid Check Ladder Shoes to Know Your Safety Kits Easily Accessible Training Responsibilities Fall Protection Worn (FM) Ensure They Are Not Slippery Always be Looking for Report Foreign Material Monthly Food Safety Audit Possible Foreign Material in Never Touch Ready-to-eat Cleaning Schedules in Food to Manager Foods with Bare Hands Completed Conducted Food Immediately 11 12 13 14 15 Practicing Good **Avoid Short Cuts** Do Not Block or Obstruct Complete the Monthly Tuberculosis Precaution Housekeeping Fire Extinguishers Safety Inspection Training Report all Foreign Material Inspect Frozen Food to Discoveries and Food Always Follow the Recipe Wash Hands at Appropriate Complete Monthly Food Ensure Cardboard has Not Complaints Times When Preparing Food Safety Audit Stuck to any Food Surface 18 20 21 22 19 Compressed Gas Cylinders Replace damaged or worn Properly Secured in Vertical First Aid/CPR Trained & PPE Actively used Certified EE(s) Available Position Safety Committee Meeting Cuts Bandaged Properly and Keep Office Supplies Away Keep Raw Foods Away from Kitchen Equipment is in from Food Prep Areas Ready-to-eat Foods Always Cover Stored Food Covered With Gloves Good Repair 25 26 27 28 29 Investigate injuries, Are Flammable Liquids Stored Oxygen not Used to Dust Off Employees Report Unsafe determine root cause & take in Safety Cans or Flammable Conditions action to prevent (use SALUS) Clothing or for Ventilation (FM) Cabinets? Do Not Take Shortcuts Follow Good Personal Hygiene Food Contact Surfaces Clean Raw and RTE Foods Kept Discard Cracked or Chipped and Sanitized Rules at All Times Separate during Preparation Document all Safety Training **Food Containers** Product Quality Assurance / Food Safety Environment, Health & Safety

Wednesday

Thursday

Friday

Tuesday

Monday

**RECOMMENDED TRAINING:** 

# A Clean Worksite Is a Safe Worksite

Maintaining good housekeeping is an important part of the overall job of supervision. There are a number of advantages to having a clean and orderly plant, including: avoidance of accidents, better fire prevention, improved health of employees, and increased worker efficiency and moral.

Avoidance of accidents is one of the major goals of Sodexo. That occasional piece of scrap or wet spot on the floor has caused a slip, trip or fall hazard. Cluttered aisles and congested work areas can add to the dangers. A thorough, regular & successful program of good housekeeping that eliminates hazards makes good sense for everyone.

Housekeeping can appear to be a never-ending and thankless job, but if too much dirt, debris and disorder are allowed to accumulate, this can eventually lead to production problems caused by increased accidents, absenteeism and turnover. Typically, you will find that places that have good housekeeping will have competent supervisors and low accident rate.

People don't really enjoy working in areas that are disorderly and crowded with booby traps. They don't want to continuously climb over excessive accumulations of spilled material, be hit by objects falling from above, or scrape up against poorly placed materials.

Keeping everything in order will prevent these incidents from occurring. A responsible supervisor knows that good housekeeping cannot be maintained simply by an occasional large cleanup. It must be planned on a regular basis. It should also be a part of the daily routine.

# Checklist for Housekeeping:

- Is your workplace neat and orderly?
- Have you emphasized the important of housekeeping to your workers on a regular basis?
- Do your employees know that housekeeping is everyone's responsibility?
- Are spills and slippery spots cleaned up immediately?
- Are employees provided with adequate storage areas to put tools and other work items away?
- Is excess debris removed several times a day from the premises?
- Do employees use tool belts or work aprons while working on scaffolds or ladders?
- Are oily rags stored in self-closing, fireproof containers?

Safety Behavior Check (Goal is 100%)			
	At-Risk	Safe	
Push a load instead of pulling it			
Active use of carts or dollies for heavy moving			
Get help to lift heavy or awkward loads			
Keep loads in the safe zone			
Practicing Good Housekeeping			
Carrying items not obstructing vision			
Slip resistant shoes being worn			
Floor and walking surfaces are clear and dry			
Active use of floor warning signs			
No tripping hazards present			
Total Observations			
Safety Score = Safe/(At-Risk + Safe)			

# **Food Allergies**

As many as 15 million people in the US have food allergies. Food allergies among children increased approximately 50% between 1997 and 2011 (CDC study). Eight foods account for 90% of all food-allergic reactions in the US. Knowing how to prevent allergic reactions and what to do in the case of allergic reactions to food are important measures to prevent serious health consequences.

# Allergen Awareness During Service

Accurate, clear and precise description of menu offerings is a must at serving stations, on printed menus, signage, and other "point of sale" material, on labels for self-service containers, soft-serve machines and all other food dispensers.

# If you are asked about allergen content of food being served:

- Never say "There is no (allergen name) ..." in the recipe or product unless you can verify it
- If you are not certain, say so!
- Always refer the customers question to your supervisor or manager

# How to accommodate customers with allergies:

- Make no guarantees regarding ingredients unless you can verify them
- If a customer questions a food item, encourage the selection of another item
- Provide reasonable accommodations (preview of menus, access to ingredient statements or recipes)

# Food & Facilities Security

# Why is Food Security so Important?

- Threats to food security can happen at any level in the supply chain with affects to consumers as well as our food service industry
- Threats are the deliberate contamination of a food product
- Food Security is serious. Even acts that are meant as a prank can have serious legal consequences

# What is the difference between Food Safety & Food Security?

- Food Safety is practiced in our daily tasks to prevent the accidental contamination of food
- Food Security is the responsibilities associated with keeping our food from intentional contamination

#### Employee Role in Food Security Efforts:

- Be aware of your surroundings
- Report unusual or suspicious activities to your manager or supervisor
- Report unauthorized persons in the facility or loading dock area
- Report any unsecured windows, doors and entrances, poor lighting, broken locks and missing keys
- Check incoming deliveries for irregularities (torn packaging, broken seals, unusually liquids or powders. Report signs of product tampering
- Monitor self-service stations and food display areas for irregularities (unusual spills, appearance of food, and food or materials that are not normally there)

Be sure to reference the Food and Facilities Security Guidelines and Food Production Planning for Emergency Situations resources available on Sodexo Net for further preventative planning steps to be sure your unit is aligned with Sodexo's Food Security efforts.

# Foods Most Commonly Associated with Food Allergies in the US

Peanuts 2. Tree Nuts (almonds, pecans, pine nuts, cashews, walnuts, etc)
 Fish 4. Shellfish (crab, lobster, shrimp)
 Wheat 6. Soybeans 7. Eggs 8. Milk
 Note: Canadian units also include shellfish such as clams, mussels, oysters, scallops as well as mustard, sesame seeds and sulfates.

# Allergen Awareness During Production

# Avoid Cross Contact

Remember it is the protein of the food that causes an allergic reaction

- Clean and sanitize surfaces and equipment that has come into contact with an allergen
- Use separate utensils
- Spills and splatters lead to cross contact

# Follow Recipes

- This ensures that ingredient labels, signage and other Point of Sale material is accurate
- If substitutes are made, ensure management and servers are aware!



Raven Taylor — Gaston, SC



# 201 AUGU

	Monday	Tuesday	Wednesday	Thursday	Friday	
	1	2	3	4	5	
aver 1	Safety Is Part of Every Job Food Safety Audit Conducted	Push a Load Instead of Pulling It  Make NO Guarantees Regarding Ingredients Unless You Can Verify Them	Replace damaged or worn PPE  Keep Raw Animal Foods Separate from Ready-to-Eat Foods	Back Injury Prevention Training  Check Incoming Deliveries for Any Irregularities	No Damaged PPE Worn  All Food Contact Surfaces are Cleaned and Sanitized	
	Active Use of Floor Warning Signs  Have Accurate, Clear & Precise Descriptions of Menu Items	No Tripping Hazards Present  Wash Hands at Appropriate Times	Know Your Safety Responsibilities  Manager Food Safety Certification Completed	Keep Loads in Safe Zones  Monitor Security of Self- Service Areas & Food Displays	Get Help Lifting Heavy or Awkward Loads  Immediately Report Signs of Product Tampering	
	Practice Good Housekeeping  Is Your Food Production Planning in Emergency Situations Up-to-Date?	Complete the Monthly Safety Inspection  Complete Monthly Food Safety Audit	Complete Root Cause Analysis  A Call List Posted in GM's Office for Emergency Situations	Active Use of Carts or Dollies for Heavy Moving  All Potable Water Outlets are Equipped with Backflow Prevention	Are Floors and Walking Surfaces Clear and Dry Food Allergens can be Spread by Shared Equipment	
	22	23	24	25	26	
	Heat Exposure Safety Training  Spills and Splattering can Also Lead to Cross-Contact	Safety Committee Meeting  Follow Good Personal Hygiene Rules at All Times	Respirator Care and Usage – OSHA Checklist  Be Alert to Any Unusual or Suspicious Activities	Carrying Items Not Obstructing Vision  Foods Associated with Allergies Known	Slip Resistant Shoes Being Worn  Employees trained to handle allergy questions	
	Slip, Trip & Fall Prevention Training  Always Be Prepared for Power Outage in Your Operation	Investigate injuries, determine root cause & take action to prevent (use SALUS)  Security Protocols in Place	Document All Safety Training  Employees Know What is Being Served	RECOMMENDED TRAINING: All Services: Back Injury Prevention Training All Services: Slips, Trips and Fall Prevention Training All Services: Identifying and Controlling Workplace Hazards Training All Services: Heat Exposure Safety Training Food Operations: Choose any Food Safety "Walk the Talk" Module		
(		nuironment Health & Cafe	•••	Dro ducat Ouglit	u Assurance / Food Safetu	

Environment, Health & Safety

**Product Quality Assurance / Food Safety** 

# **Health & Safety Vendor Partners**



Slip Resistant Safety Shoes, Shoes for Crews Mighty Mats 800-523-4448 • www.shoesforcrews.com



#### SRMax:

Slip Resistant Safety Shoes 877-776-2933 • www.safguard.com/srmax/sodexo/order.php



# Lehigh Safety Shoes:

800-444-4086 • www.rockybrands.com



#### SureGrip:

SUREGRIP Slip Resistant Safety Shoes, Keuka Floor Mats 877-566-7547 • www.suregripfootwear.com



# IPP (Industrial Protection Products):

978-657-4740 • www.ippfootwear.com



#### Ecolab:

WASH 'n WALK Floor Care 800-352-5326 • www.ecolab.com





Focused on Facilities Management-Resources and Products to help you monitor and engineer out hazards. All Personal Protective Equipment as well as suppliers that can help you with: on-site surveys, hazard assessments, compliance checklists, product technical support and selection. 713-449-5126 • www.grainger.com/safety



#### Frontline:

**Cut Resistant Gloves** 800-538-4555 • www.sodexo.frontlinesales.com



#### MatsInc:

Environment, Health & Safety Floor Mats 781-573-0267 • www.matsinc.com



# Edward Don's:

Material Handling Carts 800-777-4DON • www.don.com

# **Food Safety Vendor Partners**

# Ecolab - Food Safety Specialties

Food Safety Products - Labels, Thermometers, Cutting Boards, etc. 484-824-5016 (Paul Pontius - National Accounts)

https://noram.sodexonet.com/sdxnet/usen/usa/resources/ guidelinesandstandards/operations/foodsafety/daydotscatalog.aspx



# Order online through TMC - The Market Connection (My Sodexo portal)

# ICC (Integrated Control Corp)

TempMinder Wireless Temperature Monitoring 631-673-5100 Ext. 321 (Nick Hatsios - National Accounts) https://noram.sodexonet.com/sdxnet/usen/usa/resources/ guidelinesandstandards/operations/foodsafety/wireless\_temperature\_ monitoring.aspx



# National Restaurant Education Foundation - ServSafe

Manager Food Safety Certification Regulatory Requirements by State http://www.servsafe.com/regulatory

#### Comark



Foodservice Thermometers

770-428-0006 (Michael Pitts - National Accounts)

http://www.comarkinstruments.com/us

Order Comark items online using The Market Connection through Ecolab Food Safety Specialties

# San Jamar



Color-Coded Cutting Boards

(800) 248-9826, ext. 5113 (Debbie Kau – National Accounts)

http://www.sanjamar.com/product-categories/kitchen/food-safety/cutting-boards/ Order San Jamar items online using The Market Connection through Ecolab **Food Safety Specialties** 

# Chicopee, Inc., a PGI Company



Foodservice Wiping Towels

609-502-2769 (Dominic D'Urbano - National Accounts)

http://www.chicopee-americas.com/

#### SAFETY BULLETIN BOARD Safety Tracking System Weekly Safety Sodexo Actions for Safety Recognition Message/Safety Emergencies (SAFE) Program Response State Workers' Sodexo Safety Policy Safety Calendar Medical Provider -Compensation Poster Statement Fiscal Year 2015 on Sodexo Net Job Safety & Health Safety Committee Choking First Aid **Emergency Phone** "It's the Law" Poster Minutes - Forms Poster Number or Related State Plan Center Poster Safety Global Policy OSHA 300A Summary Evacuation Plan/ Safety Performance Statement – Form Post February 1 to Diagram and Goals Center April 30

# INJURY/ILLNESS REPORTING AND RESPONSE

1st 24 hours\* ---

\*Unless there is a death of an employee while at work, report immediately and then follow guidelines below. \*Unless the injury is in a PIDAT state - must be reported within 3 hours for incidents or accidents.

- 1. Meet EE's immediate medical needs
- 2. Investigate workers comp 1st report of Injury Form
- 3. Report claim by using the Online Reporting Tool or Call 1-888-872-5676 to report
- 4. Complete the Root Cause Analysis and update on SALUS

# Starting January 1, 2015 all employers must report to OSHA: • All work-related fatalities within 8 hours

# Within 24 hours, all work-related:

- · Inpatient hospitalizations
- Amputations
- · Losses of an eye

# How to report an incident:

• Call 1-800-321-OSHA (6742)

(California Accounts will report to CAL-OSHA)

- · Call your nearest OSHA area office, during normal business hours (www.osha.gov/html/RAmap.html)
- · Visit www.osha.gov/report online

# **Measuring Health & Safety Performance**

# Lagging Indicators

► Employee Injury Frequency (EIF) Rate

EIF = Number of OSHA Recordable Injuries and Illnesses x 200,000\*

Sodexo Labor Hours

► Lost Time Injury Rate

LTIR = Number of Lost Time OSHA Recordable Injuries and Illnesses x 200,000\*

**Sodexo Labor Hours** 

\* 200,000 = 40 Hours per week, 100 employees, 50 weeks

# Leading Indicators

- Audit Pass Rate
- ► Compliance with Audit Safety Activities (safety committees, training, monthly safety inspections, PPE use, etc..)
- Number of Safe Work Behavior Observations
- Audit Score
  - Gold (98-100%)
  - Green (94-97.5%)
  - Yellow (90-93.5%)
  - Red (89.5% or lower)



Day 2 – Day 90 —

- 1. Maintain Contact with injured EE at least once per week
- 2. Use Transitional Duty use "Return to Work" policy on Sodexonet
- 3. Notify District Safety Coordinator (DSC)
- 4. Call District Manger (DM)
- 5. Maintain contact with Claims Adjuster
- 6. Consult with HR as needed
- 7. Complete OSHA 300 within 7 days
- 8. Complete Accident Review Board with your District Safety Coordinator

24-Hour Chemical Spill Reporting service system Any spill that may require environmental clean up call: 1-888-SPILLHELP (1-888-774-5543)

Order options for additional calendars

Visit the Sodexo Print Management link on SodexoNet

E-mail: SodexoPM@rrd.com

844 703 9130 Item number = SFTYCAL

